### **Course Content**

### **Physiology**

### First M.B.B.S. (From August 2019)

(Based on Medical Council of India, Competency based Undergraduate curriculum for the Indian Medical Graduate, 2018. Vol. 1; page no.91-118)

Lectures(hours)-160 Self directed learning (hours)-

## **Teaching hours** 25

Small group teachings/tutorials/Integrated teaching/Practicals(hours)-310 divided equally in all three subjects .

Total(hours) -495 Early clinical exposure(hours)- 90 to be

Competency No.	Topics & subtopics			
1	General Physiology			
PY. 1.1	Structure and Functions of a Mammalian Cell			
PY. 1.2	Principles of Homeostasis			
PY. 1.3	Intercellular communication			
PY. 1.4	Apoptosis – Programmed cell death			
PY. 1.5	Transport mechanisms across cell membranes			
PY. 1.6	Fluid compartment of the body, its ionic composition & measurements			
PY. 1.7	Concept of pH & Buffer systems in the body			
PY. 1.8	Molecular basis of resting membrane potential and action potential in excitable tissue			
PY. 1.9	Methods used to demonstrate the functions of the cells and its products, its communication and their applications in Clinical care and research.			
2	Topic: Hematology			
PY. 2.1	Composition & functions of blood components			
PY. 2.2	Original, forms, variations and functions of plasma proteins			
PY. 2.3	Synthesis and functions of Hemoglobin & explain its breakdown. Describe variants of hemoglobin			

PY. 2.4	RBC formation (erythropoiesis & its regulation) and its functions					
PY. 2.5	Types of anaemias & Jaundice					
PY. 2.6	WBC formation (granulopoiesis) & its regulation					
PY. 2.7	Formation of platelets, functions & variations					
PY. 2.8	Physiological basis of hemostasis and anticoagulants. Describe bleeding & clotting disorders (Hemophilia, purpura)					
PY. 2.9	Different blood groups and clinical importance of blood grouping, blood banking and transfusion					
PY. 2.10	Types of immunity , development of immunity and its regulation					
PY. 2.11	Estimation Hb, RBC, TLC, RBC indices, DLC, Blood group, BT/CT					
PY. 2.12	Tests for ESR, Osmotic fragility, Hematocrit, findings and interpretion of test results etc.					
PY. 2.13	Steps for reticulocyte and platelet count					
3	Nerve and Muscle Physiology					
PY. 3.1	Structure and functions of a neuron and neuroglia; Nerve Growth Factor & other growth factors/cytokines					
PY. 3.2	Types, functions & properties of nerve fibers					
PY. 3.3	Degeneration and regeneration in Peripheral nerves					
PY. 3.4	Structure neuro-muscular junction and transmission of impulses					
PY. 3.5	Action of neuro-muscular blocking agents					
PY. 3.6	Pathophysiology of Myasthenia gravis					
PY. 3.7	Types of muscle fibres and their structure					
PY. 3.8	Action potential and its properties in different muscle types (skeletal & smooth)					
PY. 3.9	Molecular basis of muscle contraction in skeletal and in smooth muscles					

PY. 3.10	Mode of muscle contraction (isometric and isotonic)					
PY. 3.11	Energy source and muscle metabolism					
PY. 3.12	Gradation of muscular activity					
PY. 3.13	Muscular dystrophy: myopathies					
PY. 3.14	Ergography					
PY. 3.15	Effect of mild, moderate and severe exercise and changes in cardiorespiratory parameters					
PY. 3.16	Harvard Step test and impact on induced physiologic parameters in a simulated environment					
PY. 3.17	Strength-duration curve					
PY. 3.18	3.18 Computer assisted learning (i) amphibian nerve – muscle experiments (ii) amphibian cardiac experiments					
4	Gastro-intestinal Physiology					
PY. 4.1 Structure and functions of digestive system						
PY. 4.2	Composition, mechanism of secretion, functions, and regulation of saliva, gastric, pancreatic, intestinal, juices and bile secretion					
PY. 4.3	GIT movements, regulation and functions ,defecation reflex. Role of dietary fibre.					
PY. 4.4	Physiology of digestion and absorption of nutrients					
PY. 4.5	Source of GIT hormones, their regulation and functions					
PY. 4.6	Gut-Brain Axis					
PY. 4.7	Structure and functions of liver and gall bladder					
PY. 4.8	Gastric function tests, pancreatic exocrine function test & liver function tests					
PY. 4.9	Physiology aspects of; peptic ulcer, gastro- oesophageal reflux disease, vomiting, diarrhea, constipation, Adynamic ileus, Hirschsprung's disease					
PY. 4.10	Clinical examination of the abdomen in a normal volunteer or simulated environment					

5	Cardiovascular Physiology (CVS)				
PY. 5.1	Functional anatomy of heart including chambers sounds; and Pacemaker tissue and conducing system.				
PY. 5.2	PY. 5.2 Properties of cardiac muscle including its morphology, electrical, mechanical and metabolic functions				
PY. 5.3 Events occurring during the cardiac cycle					
PY. 5.4	Generation, conduction of cardiac impulse				
PY. 5.5	Physiology of electrocardiogram (E.C.G.), its applications and the cardiac axis				
PY. 5.6	Abnormal ECG, arrhythmias, heart block and myocardial infarction.				
PY. 5.7	Haemodynamics of circulatory system				
PY. 5.8	Local and systemic cardiovascular regulatory mechanisms				
PY. 5.9 Factors affecting heart rate, regulation of cardiac output & blood pressure					
PY. 5.10	Regional circulation including microcirculation, lymphatic, coronary, cerebral, capillary, Skin, foetal, pulmonary and splanchnic circulation				
PY. 5.11	Patho-physiology of shock, syncope and heart failure				
PY. 5.12	Blood pressure & pulse recording at rest and in different grades of exercise and postures in a volunteer or simulated environment				
PY. 5.13	Record and interpret normal ECG in a volunteer or simulated environment				
PY. 5.14	Cardiovascular autonomic function tests in a volunteer or simulated environment				
PY. 5.15	Clinical examination of the cardiovascular system in a normal volunteer or simulated environment				
PY. 5.16	Recording Arterial pulse tracing using finger plethysmography in a volunteer or simulated environment				
6	Respiratory Physiology				
PY. 6.1	Y. 6.1 Functional anatomy of respiratory tract				

PY. 6.2	Mechanics of normal respiration, pressure changes during ventilation, lung volume and capacities, alveolar surface tension, compliance, airway resistance, ventilation, V/P ratio, diffusion capacity of lungs					
PY. 6.3	Transport of respiratory gases: Oxygen and Carbon dioxide					
	Regulation of respiration Neural & chemical					
PY. 6.4	Physiology of high altitude deep sea diving					
PY. 6.5	Principles of artificial respiration oxygen therapy, acclimatization and decompression sickness					
PY. 6.6	Pathophysiology of dyspnea, hypoxia, cyanosis asphyxia; drowning, periodic breathing					
PY. 6.7	Lung function tests & their clinical significance					
PY. 6.8	Technique to perform & interpret Spirometry					
PY. 6.9	Examination of the respiratory system in a normal volunteer or simulated environment					
PY. 6.10	Technique to perform measurement of peak expiratory flow rate in a normal volunteer or simulated environment					
7	Renal Physiology					
PY. 7.1	Structure and function of kidney					
PY. 7.2	Structure and functions of juxta glomerular apparatus and role of renin-angiotensin system					
PY. 7.3	Mechanism of urine formation and processes involved					
PY. 7.4	Significance & implication of Renal clearance					
PY. 7.5	Renal regulation of fluid and electrolytes & acid-base balance					
PY. 7.6	Innervations of urinary bladder, physiology of micturition and its abnormalities					
PY. 7.7	Artificial kidney, dialysis and renal transplantation					
PY. 7.8	Renal Function Tests					
PY. 7.9	Cystometry and discuss the normal cystometrogram					

8	Endocrine Physiology				
PY. 8.1	Physiology of bone and calcium metabolism				
PY. 8.2	Synthesis, secretion, transport, physiological actions, regulation and effects of altered (hypo and hyper) secretion of pituitary gland, thyroid gland, parathyroid gland, adrenal gland, pancreas and hypothalamus				
PY. 8.3 Physiology of Thymus & Pineal Gland					
PY. 8.4	Function tests: Thyroid gland; Adrenal cortex, Adrenal medulla and pancreas				
PY. 8.5 Metabolic and endocrine consequences of obesity & metabolic syndrome, Stress response. Outline component pertaining to metabolic syndrome					
PY. 8.6	Mechanism of action of steroid, protein and amine hormones				
9	Reproductive Physiology				
PY. 9.1	Sex determination; sex differentiation and their abnormalities and outline psychiatry and practical implementation of sex determination				
PY. 9.2	Puberty: onset, progression, states; early and delayed puberty and outline adolescent clinical and psychological association				
PY. 9.3	Male reproductive system: functions of testis and control of spermatogenesis & factors modifying it and outline its association with psychiatric illness				
PY. 9.4	Female reproductive system: (a) functions of ovary and its control; (b) menstrual cycle – hormonal, uterine and ovarian changes				
PY. 9.5	Physiological effects of sex hormones				
PY. 9.6	Contraceptive methods for male and female. Discuss their advantages & disadvantages				
PY. 9.7	Effects of removal of gonads on physiological functions				
Physiology of pregnancy, parturition & lactation and outline the psychology and psychiatry-disorders associated it					

PY. 9.9	Interpret a normal semen analysis report including  (a) sperm court, (b) sperm morphology and (c) sperm motility, as per WHO guidelines and discuss the result					
PY. 9.10	9.10 Physiological basis of various pregnancy tests					
PY. 9.11 Hormonal changes and their effects during perimenopause and menopause						
PY. 9.12	Common causes of infertility in a couple and role of IVF in managing a case of infertility					
10	Neurophysiology					
PY. 10.1	Organization of nervous system					
PY. 10.2	Functions and properties of synapse, reflex, receptors					
PY. 10.3	Somatic sensations & sensory tracts					
PY. 10.4	Motor tracts, mechanism of maintenance of tone, control of body movements, posture and equilibrium & vestibular apparatus					
PY. 10.5 Structure and functions of reticular activating system, autonomic nervous system (ANS)						
PY. 10.6	Spinal cord, its functions, lesion & sensory disturbances					
PY. 10.7	Functions of cerebral cortex, basal ganglia thalamus, hypothalamus. Cerebellum and limbic system and their abnormalities					
PY. 10.8	Behavioural and EEG characteristics during sleep and mechanism responsible for its production					
PY. 10.9	Physiological basis of memory, learning and speech					
PY. 10.10	Chemical transmission in the nervous system. (Outline the psychiatry element)					
PY. 10.11 Clinical examination of the nervous system: Higher functions, sensory system, motor system, reflexes, crining in a normal volunteer or simulated environment						
PY. 10.12	Normal EEG forms					
PY. 10.13	Perception of smell and taste sensation					

PY. 10.14	Patho-physiology of altered smell and taste sensation					
PY. 10.15	Functional anatomy of ear and auditory pathways & physiology of hearing					
PY. 10.16	Pathophysiology of deafness. Hearing tests					
PY. 10.17	Functional anatomy of eye, physiology of image formation, physiology of vision including colour vision, refractive errors, colour blindness, physiology of pupil and light reflex					
PY. 10.18	Physiological basis of lesion in visual pathway					
PY. 10.19	Auditory & visual evoke potentials					
PY. 10.20	(i) Testing of visual acuity, colour and field of vision and (ii) hearing (iii) Testing for smell and (iv) taste sensation in volunteer/ simulated environment					
11	Integrated Physiology					
PY. 11.1	.1 Mechanism of temperature regulation					
PY. 11.2	PY. 11.2 Adaptation to altered temperature (heat and cold)					
PY. 11.3	.3 Mechanism of fever, cold injuries and heat stroke					
PY. 11.4	Cardio-respiratory and metabolic adjustment during exercise; physical training effects					
PY. 11.5	Physiological consequences of sedentary lifestyle					
PY. 11.6	Physiology of Infancy					
PY. 11.7	Physiology of aging; free radicals and antioxidants					
PY. 11.8	Cardio-respiratory changes in exercise (isometric and isotonic) with that in the resting state and under different environmental conditions (heat and cold)					
PY. 11.9	Interpretation of growth charts					
PY. 11.10	Interpretation of anthropometric assessment of infants					
PY. 11.11	Concept, criteria for diagnosis of Brain death and its implications					
PY. 11.12	Physiological effects of meditation					

PY. 11.13	History taking and general examination in the volunteer / simulated environment			
PY. 11.14	Basic Life Support in a simulated environment			

# Paper wise distribution of topics

Year: First MBBS Subject: Physiology

Paper	Section	Topics			
I	A	MCQs on all topics of the paper I			
	B & C	General Physiology			
		Blood			
		Respiratory System			
		Cardio Vascular System,			
		Cardio-respiratory and metabolic adjustment during exercise			
		Renal system			
		Gastro intestinal system			
		Life style, aging, Meditation			
		AETCOM module no. 1.2 & 1.3			
		Scenario based / application questions can be on any topic of the paper I			
		For long answer question and scenario based / application questions , topics will not be repeated			
II	Α	MCQs on all topics of the paper II			
	B & C	Endocrine Physiology			
		Reproductive System, Physiology of Infancy			
		Special senses			
		Central nervous system including brain death			
		Temperature Regulation & applied			
		Nerve muscle physiology			
		Scenario based / application questions can be on any topic of the paper II			
		For long answer question and scenario based / application questions , topics will not be repeated			

## **Internal Assessment**

# **Physiology**

# Applicable w.e.f August 2019 onwards examination for batches admitted from June 2019 onwards

Sr. No	I-Exam (December)		II-Exam (March)			
NO	Theory	Practical (Including 05 Marks for Journal & Log Book)	Total Marks	Theory	Practical Including 05 Marks for Journal & Log Book	Total Marks
1	100	50	150	100	50	150

		Preliminary Exami	nations		Remedial	internal assessment exam <b>Non - eligible</b> students	ination for			
Sr.		III-Exam <b>(Ju</b> l	y)	Sr.	October					
No		Practical Including		No		Practical Including 10				
INO	Theory	10 Marks for	Total Marks		Theory	Marks for Journal &	Total Marks			
		Journal & Log Book				Log Book				
1	200	100	300	1	200	200 100 30				

- 1. There will be 3 internal assessment examinations in the academic year. The structure of Preliminary examinations should be similar to the structure of University examination.
- 2. There will be only one additional examination for absent students (due to genuine reason) after approval by the Committee Constituted for the same. It should be taken after preliminary examination and before submission of internal assessment marks to the University.
- 3. First internal assessment examination will be held in December, second internal assessment examination will be held in March and third internal assessment examination will be held in July.
- 4. Internal assessment marks for theory and practical will be converted to out of 40. Internal assessment marks, after Conversion, should be submitted to university by 7<sup>th</sup> of August.
- 5. The student must secure at least 50% marks for total marks (combined in theory and practical / clinical: not less than 40% marks in theory and practical separately) assigned for internal assessment in a particular subject in order to be eligible for appearing at the final university examination of that subject. Internal assessment marks will reflect as separate head of passing at the summative examination.
- 6. **Remedial internal assessment examination for Non eligible students**: Student who were not eligible due to less than 50% combined or less than 40% in any theory or practical, will re appear as repeater student for Prelim exam which will be conducted before Supplementary Exam. His/her internal assessment will be calculated on the basis of this Examination marks only. Students who will not be eligible in this Examination will appear with regular batch as repeater student.
- 7. The internal assessment marks of the remedial examination alone shall be considered and converted into out of 40.
- 8. Conversion Formula for calculation of marks in internal assessment examinations

	First IA	Second IA	Third IA (Prelim)	Total	Internal assessment marks: Conversion formula (out of 40)	(after conversion out of	nal University examination 40) ry and Practical, 50% Combined)
Theory	100	100	200	400	<u>Total marks obtained</u> 10	16 (minimum)	Total of Theory + Practical
Practical	50	50	100	200	<u>Total marks obtained</u> 5	16 (minimum)	<u>Must</u> be 40.

# 9. Conversion formula for calculation of marks in Remedial internal assessment examination

	Remedial Exam (Prelim)	Int. Assess. marks conversion formula (out of 40)	Eligibility to appear for Supplementary Exam. (after conversion out of 40) (40% Separately in Theory and Practical, 50% Combined)				
Theory	200	<u>Total marks obtained</u> 5	16 (minimum)	Total of Theory + Practical			
Practical	100	<u>Total marks obtained</u> 2.5	16 (minimum)	<u>Must</u> be 40.			

While preparing Final Marks of Internal Assessment, the rounding-off marks shall done as illustrated in following table

Internal Assessment Marks	Final rounded marks
15.01 to 15.49	15
15.50 to 15.99	16

# First Year MBBS Practical Mark's Structure Internal Assessment Examinations I & II (Applicable for batch admitted in M.B.B.S Course from Academic Year 2019-20 & onwards)

Physiology											
	Hematology	Clinical Examination/Human Physiology expt. / Short exercises	Journal/ Logbook	Oral Viva	Total						
	А	В	С	D	E						
Max. Marks	15	20	5	10	50						

# First Year MBBS Physiology Practical Mark's Structure (Prelim exam)

(Applicable w.e.f August 2019 onwards examination for batches admitted from June 2019 onwards)

Seat No.			Exercise 1		Exercise 2	Exercise 3 *	Exercise 4**		Practical (Total)	Oral/Viva (Total)	PR/Ora Total		
	Clinical Examination												
	C.V.S	R.S	C.N.S. & Special Senses	General Exam & Abdomen	Hematology	Short exercise	Human Physiology Experiment	Journal & Log book					
	A	В	С	D	E	F	G	Н	ı	J	K		
Max. Mark's	10.0	10.0	10.0	10.0	10.0	15.0	15.0	10.0	90	10.0	100		

<sup>\*</sup>Short exercises 3 marks each(3X5)

- 1. Case based scenarios/ endocrine disorders photographs .2. Interpretation of function tests. 3. One skeletal graph
- 4. One cardiac graph 5. Calculation
- \*\* Exercise 4: Human Physiology Experiment 1. Basic Life Support in a simulated environment 2. ECG 3. Spirometry 4. PEFR 5. EEG Interpretation 6. Ergography 7. Harward step test 8. Perimetry
- \* Suggested Methods of Assessment

Preclinical exam & OSPE

(Please Note - The above examination pattern will be applicable to the students admitted from Academic Year 2019-20 and onwards, which is informed to all Medical Colleges vide University letter No MUHS /X-1 /UG /1692 /2020 Date: 28/02/2020)

# First Year MBBS Physiology Practical Mark's Structure (MUHS)

(Applicable w.e.f August 2019 onwards examination for batches admitted from June 2019 onwards)

		Exercise 1		Exercise 2	Exercise 3 *	Exercise 4**	Practical (Total)	Oral/Viva (Total)	PR/Oral Total				
	Clinic	cal Examinati	on										
C.V.S	R.S	C.N.S. & Special Senses	General Exam & Abdomen	Hematology	Short exercises	Human Physiology Experiment							
Α	В	С	D	E	F	G	Н	I	J				
10.0	10.0	10.0	10.0	10.0	15.0	15.0	80	20.0	100				
	Α	C.V.S R.S	Clinical Examinati C.V.S R.S C.N.S. & Special Senses  A B C	Clinical Examination  C.V.S R.S C.N.S. & General Exam & Abdomen  A B C D	Clinical Examination  C.V.S R.S C.N.S. & General Exam & Abdomen  A B C D E	C.V.S R.S C.N.S. & General Exam & Abdomen Senses Abdomen   *  C.V.S R.S C.N.S. & General Exam & Exam & Exam & F	C.V.S R.S C.N.S. & General Exam & Special Senses Abdomen  A B C D E F G	C.V.S R.S C.N.S. & General Exam & Abdomen Senses Abdomen F G H G H	C.V.S R.S C.N.S. & General Exam & Abdomen Hematology Short exercises Physiology Experiment  A B C D E F G H I				

<sup>\*</sup>Short exercises 3 marks each(3X5)

- 1. Case based scenarios/ endocrine disorders photographs .2. Interpretation of function tests. 3. One skeletal graph
- 4. One cardiac graph 5. Calculation
- \*\* Exercise 4: Human Physiology Experiment 1. Basic Life Support in a simulated environment 2. ECG 3. Spirometry 4. PEFR 5. EEG Interpretation
- 6. Ergography 7. Harward step test 8. Perimetry
- \* Suggested Methods of Assessment

Clinical exam & OSPE

(Please Note - The above examination pattern will be applicable to the students admitted from Academic Year 2019-20 and onwards, which is informed to all Medical Colleges vide University letter No MUHS /X-1 /UG /1692 /2020 Date: 28/02/2020)

# MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK FORMAT / SKELETON OF QUESTION PAPER

1.	Course and	l Year	:		st MI											2.	. Subject Code		:	Appendix	- a
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2.	I	Brief an	swer	que	stions (	Any	Ten ou	ıt of Ele	even)											(10x	2= 20)
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		One SA	Q ha	ıs to	be on A	AETO	COM N	Module	(For	Anat			1.5, For Physi applied Questi		y 1.2.,1.3&	For B	iochemistry, 1	<u>.4) &amp;</u>	<u> </u>	(0.12	.0,
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# MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK FORMAT / SKELETON OF OUESTION PAPER

1.	Course and	l Year			MB		e a	2022							2.	Subject Code	:	Appendix - a
2	0.11	(DCD)				_	_				examina	tions)						
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3.	9	Short An	swer	Ques	tions	(Any	y Eigh	t out c	of Nine	)								(8x5=40)
		Minimu	m 2 S	AOs	shoul	d be	Case I	Based	Ouesti	ons/ C	linically	applied Que	stions.					
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### MARKLIST FOR PRACTICAL / ORAL / VIVA VOCE

(Summer / Winter - 20...Exam (MBBS UG Courses)

(Applicable for batch admitted in M.B.B.S Course from Academic Year 2019-20 & onwards)

Course : FIRST MBBS Subject : Physiology

CENTRE: Marks: (Practical = Practical/Clinical + Viva) Min. 50 Max. 100

Date: / /20 Batch:

				Pra	ctical				Oral/Viva	Total
Seat No.	C.V.C	R.S	C.N.S. & Special senses	Abdomen	Exercise (2) Hematology	Exercise (3) Short Exercise	Human Physiology Experiment	Practical (Total)	Oral/Viva Total	PR/Oral Total
	A	В	С	D	E	F	G	н	ı	J
Max. Marks	10	10	10	10	10	15	15	80	20	100

**Note:** Both Examiners should jointly conduct practical examination for each student.

Verified above entries from Answerbooks and we hereby certify that the marks entered against each Seat Number are found correct.

	NAME OF EXAMINER	COLLEGE	SIGNATURE WITH DATE				
1			Convener				
2			Internal				
3			External				
4			External				

#### Books recommended:

## 1) Textbooks of Physiology:

Guyton - Textbook of Physiology Ganong -Review of Medical Physiology S. Wright - Applied Physiology

### 2) Reference Books:

Best and Taylor - Physiological basis of medical practice
Berne & levy. - Principles of Physiology
Dr. V.G. Ranade - Laboratory Manual and Journal of Physiology Practicals
Ghai's VP Varshney, Mona Bedi- Textbook of Physiology -9 th Edition2019.
G.K. Pal-Comprehensive Text Book of Medical Physiology.
Dr. Amarnath B. Solepure - Fundamental Human Neurophysiology-First
Edition 2018.